

“ We love coming here and doing all the different types of art. It’s relaxing and I feel like I’m achieving something.”
Jack, Community Hub member

“ Guideposts have helped me to learn how to get the bus on my own, how to cross the road safely and how to find the safest place to cross.”
Chris, Community Hub member



“ Without the Hub I would be lonely. I meet friends here and I know that I can ask staff for support if I need it. I like the trips and shopping and meeting people.”
Susan, Community Hub member

Our Community Hub logo was proudly designed by Guideposts Community Hub members and staff



Where is the Community Hub?

Guideposts Community Hub
6 London Road
Stroud
Gloucestershire
GL5 2AG

When is the Community Hub Open?

Community and Activity Groups
9am to 4pm
Art and Craft Groups
10am to 3pm

How Can I Find Out More?

Please contact Guideposts;

By phone
01453 767888 or 07894 256222

By email
info@guideposts.org.uk



@GuidepostsGloucestershire
www.guideposts.org.uk



A Learning & Social
Networking Hub

Guideposts Community Hub provides opportunities for adults with learning disabilities to make friends, develop skills, be creative, gain confidence and feel connected to their local community.

What Happens at the Hub?

Community and Activity Groups

These groups focus on getting out and about, for example, to local towns or villages, shops, parks, farms, and cafés for lunch.

Learning, development and social opportunities are planned within these activities.

Art and Craft Groups

Art and craft in a relaxed, supported environment at the Hub, where creativity and discussion are encouraged.



Person Centred

Our friendly, experienced team work with individuals and others in their support network to develop a personalised support plan to focus on learning and development, and creative or social goals.

Learning and Development Opportunities:

- ✓ Develop existing and learn new skills
- ✓ Gain more independence
- ✓ Feel more confident



- Wellbeing and living in a healthy, safe way
- Personal awareness, relationships and sexual health
- Your rights and responsibilities in your life and when out and about
- Communication and social skills
- Road safety training
- Build confidence on public transport
- Cookery and healthy eating
- Money, shopping and budgeting
- Take part in surveys and feedback about the Hub and other services that you use

Creative and Social Opportunities:

- ✓ Socialise and grow friendships
- ✓ Explore your creativity
- Enjoy creative arts and crafts
- Visit local places of interest and day trips
- Get involved in the local community
- Take part in discussions, games and quizzes
- Music workshops
- Picnic lunches and visiting cafés
- Take part in seasonal events
- Share your art and craft work with family, friends and support networks at Community Hub events
- Be involved in planning activities and opportunities at the Hub

